

Uncertainty relation of  $x$  and  $P$  :- (by operator method) :-  
~~of wave function~~ :-

The wave particle duality is contained in the uncertainty principle of Heisenberg. In other words the uncertainty principle protects wave particle duality.

According to this principle it is impossible to measure simultaneously the position of a particle in a particular direction and also its momentum  $P_x$  in this direction. If  $\Delta x$  is the uncertainty in position and  $\Delta P_x$  is the uncertainty in momentum.

$$\Delta x \cdot \Delta P_x \geq \hbar/2$$

$$\Delta y \cdot \Delta P_y \geq \hbar/2$$

$$\Delta z \cdot \Delta P_z \geq \hbar/2$$

Proof  $\rightarrow$  let  $\Delta x$  is the uncertainty in position &  $\Delta P_x$  is the uncertainty in momentum, then we know that

$$\rightarrow \Delta x \cdot \Delta P_x \geq \hbar/2 \quad \text{--- (1)}$$

by using operator method for  $P_x$  and  $x$ , we may calculate the average value  $\langle P_x \rangle$  and  $\langle x \rangle$ , then mean square

deviation of position from the average  $\langle x \rangle$  may be obtained by

$$\rightarrow (\Delta x)^2 = \int_{-\infty}^{+\infty} \Psi^* [x - \langle x \rangle]^2 \Psi dx \quad \text{--- (2)}$$

Similarly the mean square deviation of momentum from the average  $\langle P_x \rangle$  is

$$\rightarrow (\Delta P_x)^2 = \int_{-\infty}^{+\infty} \Psi^* [P_x - \langle P_x \rangle]^2 \Psi dx \quad \text{--- (3)}$$

Now, we define two new operators as

$$\rightarrow \alpha = [x - \langle x \rangle] \text{ and } \beta = [P_x - \langle P_x \rangle]$$

then from eqn (2) & (3) we have

$$\begin{aligned} \rightarrow (\Delta x)^2 \cdot (\Delta P_x)^2 &= \int_{-\infty}^{+\infty} \Psi^* \alpha^2 \Psi dx \int_{-\infty}^{+\infty} \Psi^* \beta^2 \Psi dx \\ &= \int_{-\infty}^{+\infty} \Psi^* \alpha \cdot \alpha \Psi dx \cdot \int_{-\infty}^{+\infty} \Psi^* \beta \cdot \beta \Psi dx \end{aligned}$$

--- (4)

Now we know that if the operator  $\alpha$  is Hermitian

$$\rightarrow \int_{-\infty}^{+\infty} g^* (\alpha \text{ fun.}) dx = \int_{-\infty}^{+\infty} f^* (\alpha g) dx = \int_{-\infty}^{+\infty} (\alpha g)^* f dx \quad (5)$$

Putting this property in eqn (4), then we have

$$\rightarrow (\Delta x)^2 \cdot (\Delta p_x)^2 = \int_{-\infty}^{+\infty} (\alpha \psi)^* (\alpha \psi) dx \int_{-\infty}^{+\infty} (\beta \psi)^* (\beta \psi) dx \quad (6)$$

Now, we know that Schwarz's inequality

$$\rightarrow \int_{-\infty}^{+\infty} a^* a dx = \int_{-\infty}^{+\infty} b \cdot b^* dx \geq \left| \int_{-\infty}^{+\infty} a^* b dx \right|^2 \quad (7)$$

where where,  $a$  &  $b$  are two continuous functions of  $x$

Applying this property in eqn (6) we get

$$\rightarrow (\Delta x)^2 (\Delta p_x)^2 \geq \left| \int_{-\infty}^{+\infty} (\alpha \psi)^* (\beta \psi) dx \right|^2$$

$$\geq \left| \int_{-\infty}^{+\infty} \psi^* \alpha \beta \psi dx \right|^2$$

{ by Hermitian properties.

$$\geq \left| \int_{-\infty}^{+\infty} \psi^* \frac{1}{2} (\alpha \beta - \beta \alpha) \psi dx + \int_{-\infty}^{+\infty} \psi^* \frac{1}{2} (\alpha \beta + \beta \alpha) \psi dx \right|^2$$

$$\left\{ \because \alpha \beta = \frac{1}{2} (\alpha \beta - \beta \alpha) + \frac{1}{2} (\alpha \beta + \beta \alpha) \right.$$

again

$$\rightarrow (\Delta x)^2 \cdot (\Delta p_x)^2 \geq \frac{1}{4} \left| \int_{-\infty}^{+\infty} \psi^* (\alpha \beta - \beta \alpha) \psi dx \right|^2 + \frac{1}{4} \left| \int_{-\infty}^{+\infty} \psi^* (\alpha \beta + \beta \alpha) \psi dx \right|^2 \quad \text{--- (8)}$$

the factor having cross term on the right hand side is omitted because it vanishes

then eq<sup>n</sup> (8) becomes

$$\begin{aligned} \rightarrow (\Delta x)^2 (\Delta p_x)^2 &\geq \frac{1}{4} \left| \int_{-\infty}^{+\infty} \psi^* (\alpha \beta - \beta \alpha) \psi dx \right|^2 \\ &\geq \frac{1}{4} \left| \int_{-\infty}^{+\infty} \psi^* (x p_x - p_x x) \psi dx \right|^2 \end{aligned} \quad \text{--- (9)}$$

Now the commutation relation between  $p_x$  &  $x$

i.e.

$$p_x \cdot x - x \cdot p_x = \frac{\hbar}{i}$$

$$\therefore (\Delta x)^2 \cdot (\Delta p_x)^2 \geq \frac{1}{4} \hbar^2 \quad (\text{using above relation})$$

$$\boxed{(\Delta x) (\Delta p_x) \geq \frac{\hbar}{2}} \quad \text{--- (10)}$$

or

$$\boxed{\begin{aligned} \Delta t \cdot \Delta E &\geq \hbar/2 \\ \Delta \phi \cdot \Delta L &\geq \hbar/2 \end{aligned}} \quad \text{--- (11)}$$

Thus Heisenberg uncertainty relation proved.